



INSTRUCTIONS FOR PATIENTS HAVING ORAL SURGERY - INTRAVENOUS (I.V.) SEDATION -

- **DO NOT EAT or DRINK ANYTHING** (not even water or coffee) for a minimum of **6 HOURS** before your appointment. If you forget, please inform us. It is not safe and potentially life-threatening to proceed.
- **Take all your regular medications (with small sip of water)** unless otherwise instructed by Dr. Rayher. Please advise Dr. Rayher if you take any blood thinners or medications for diabetes.
- **Stop Taking Herbal Supplements 7 days** prior to surgery (if you take any) You may continue taking them once you have stopped taking the medications prescribed by Dr. Rayher.
- **Please Obtain any prescribed medications ONE WEEK** prior to surgery
- **Wear Short Sleeve, loose, comfortable clothing** to allow the placement of the safety monitoring equipment (for example, the blood pressure cuff).
- **Do not wear contact lenses** on the day of surgery. Wear glasses if needed.
- **Do not wear Makeup** on the day of surgery (No base, eye shadow, Lipstick, etc.)
- **No Nail Polish** of any kind (gel or acrylic) Please remove it prior to surgery.
- **Do not wear Perfume or Cologne** the day of your surgery appointment.
- **Wear comfortable walking shoes** like tennis shoes (No flipflops or high heels please)
- **Do not wear Jewelry** of any kind (earrings, necklaces or bracelets)
- **A responsible adult must escort you to and from surgery.** Your escort must drive you by **car** or accompany you by **taxi/uber**. No walking or taking public transportation. You should also have someone at home to assist you until you are sufficiently recovered to care for yourself. This may take up to 24 hours. Please make the necessary arrangements.
- **After surgery, you should go home and stay there for the remainder of the day.** I.V. Anesthesia may cause prolonged drowsiness. You should not operate an automobile or any other equipment or machinery. Nor should you plan to be responsible for children or make important personal or business decisions.
- **Please be prepared for your recovery** (example food, Ice) Review Post-Operative Instructions in advance. Cotton Gauze for gauze packs will be provided.
- **FOR FEMALE PATIENTS ONLY:** If you **are pregnant, possibly pregnant, or breast-feeding** please inform Dr. Rayher. Surgery and anesthesia may potentially complicate the pregnancy or harm the fetus. If breast-feeding, you will need to discard breast milk for the next 24 hours after surgery with I.V. anesthesia.

PLEASE CALL OUR OFFICE IF YOU HAVE ANY QUESTIONS

415.397.1400